Subpolar North Atlantic sea surface temperature since 6 ka BP: Indications of anomalous ocean-atmosphere interactions at 4-2 ka BP

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Abstract

Atmospheric circulation may change with future climate change in response to modification of meridional temperature gradients, but the potential influence on ocean circulation is as yet unclear. Over the mid-late Holocene, atmospheric circulation in the North Atlantic region has fluctuated on millennial timescales; therefore, the ocean response to these changes can be investigated using the paleoceanographic records that have been developed in the north-eastern subpolar North Atlantic. Here, we present a diatom-based sea surface temperature reconstruction from the Iceland Basin, south of Iceland; the reconstruction shows the warmest temperatures of the record at 6.1 ± 4 ka BP, cooler temperatures at 4-2 ka BP and warmer temperatures thereafter. Inter-record comparisons indicate that the cold period at c. 4–2 ka BP may have resulted from a strengthened East Greenland Current and/or melting of the Greenland ice sheet, in response to a negative North Atlantic Oscillation. The findings highlight that atmospheric circulation changes are likely to cause pronounced variations in the latitudinal exchange of heat, which may have consequences for deep-water formation and global ocean circulation.

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1. Introduction

The dominant mode of variability in the atmospheric circulation of the North Atlantic region is the North Atlantic Oscillation (NAO). This index, calculated as the pressure gradient between the Subpolar Low, centred over Iceland, and the Azores High, controls the latitudinal position of storm tracks and wind strength in the North Atlantic region (e.g. Hurrell and Van Loon, 1997). During Northern Hemisphere summer, the NAO generally weakens, with lower amplitude variability and a northward shift of the pressure cells, while they move southward and display a higher amplitude of variability in winter (Folland et al., 2009). A positive NAO (with the greatest difference between the pressure dipoles) is associated with a northward-shifted storm track, driving a stronger and northward-shifted North Atlantic Current (NAC) and potentially a greater E-W extension of the subpolar gyre (SPG; Taylor and Stephens, 1998; Curry and McCartney, 2001; Frantantoni, 2001), although this latter response has been questioned (Foukal and Lozier, 2017). Weaker and southward-shifted storm tracks occur during negative NAO phases (characterised by a reduced pressure difference), resulting in a weaker and southward-shifted NAC
During a positive (negative) NAO, over sub-annual timescales, the response to air-sea heat fluxes and wind-driven Ekman transport is cooling (warming) in a zonal band spanning the North Atlantic north of 45°N (Kushnir, 1994; Seager et al., 2000; Visbeck et al., 2003). However, over multi-annual to decadal/centennial timescales it is suggested that a positive (negative) NAO causes increased (decreased) convective activity in the Labrador Sea and strengthening (weakening) of the SPC and meridional overturning circulation, resulting in warming (cooling) north of 55°N (Eden and Jung, 2001; Visbeck et al., 2003; Håkkinen and Rhines, 2004; Latif et al., 2006). During a negative NAO strengthened northerly winds to the east of Greenland can reinforce the East Greenland Current (EGC) and increase the export of sea ice and freshwater from the Arctic to the North Atlantic, a scenario which in the twentieth century caused ‘Great Salinity Anomalies’ (Dickson et al., 1996; Delworth et al., 1997; Belkin et al., 1998; Blindheim et al., 2000; Ionita et al., 2016). Similar episodes have been identified over decadal-centennial timescales in model and paleoclimate analyses (Delworth et al., 1997; Renssen et al., 2005; Sicre et al., 2008; Ran et al., 2011). Nevertheless, the interactions between the ocean and atmosphere are complex. Models indicate that, due to the coupling of the ocean and atmosphere system, sea surface temperature (SST) changes themselves may force NAO variability. Here, potential feedbacks include changes in heat transport by the subtropical gyre (STG) and the SPC (Bellucci et al., 2008) as well as changes in evaporation, precipitation and atmospheric heating processes (Rodwell et al., 1999).

The NAO is also negatively correlated with atmospheric temperatures over the Greenland ice sheet and is therefore a potentially important factor controlling past and future melting (Serreze et al., 1997; Chylek et al., 2004; Fettweis et al., 2013). The melting of the Laurentide ice sheet in the early Holocene is known to have lowered SSTs in this region (Andersen et al., 2004b; Bernal et al., 2008; Blaschek and Renssen, 2013; Jiang et al., 2015; Sejrup et al., 2016), however there has been less research on the ocean temperature response to fluctuations in the extent of the Greenland ice sheet during the mid to late Holocene (Briner et al., 2016).

Compilations of SST reconstructions from the subpolar North Atlantic show that during the mid-late Holocene the dominant feature in the region was cooling (e.g. Calvo et al., 2002; Rimbu et al., 2003; Sundqvist et al., 2014; Sejrup et al., 2016), which was primarily thought to result from orbital forcing (e.g. Andersen et al., 2004a, 2004b; Renssen et al., 2005; Hald et al., 2007; Bernal et al., 2008; Kissell et al., 2013; Jiang et al., 2015; Sejrup et al., 2016). However, reconstructions indicate differences between regions, as there is also some evidence for a warming after 2 ka BP in the Iceland and Greenland Seas (e.g. Justwan et al., 2008; Miettinen et al., 2012; Telesiński et al., 2014; Moosensen et al., 2015; Sejrup et al., 2016; Kristjánsson et al., 2017). Thus, understanding the past oceanographic changes is complex due to differences between reconstructions from the same region and even the same site, which may result from real spatial patterns but also factors related to the specific proxy used for different SST reconstructions (climate-sensitivity, seasonal growth and habitat water-depth, as well as the statistical methods used).

Our understanding of the NAO variability during the Holocene is based on just a few records. Trought et al. (2009) and Faust et al. (2016) suggest that the Medieval Climate Anomaly (~950−1250 A.D.) had a persistent positive NAO and the Little Ice Age (1250−1850 A.D.) a negative NAO, and an imprint of these changes has been found in some marine reconstructions (e.g. Abrantes et al., 2005; Seidenkrantz et al., 2007, 2008; Sicre et al., 2014). Longer NAO reconstructions indicate that beginning at 6−4.5 ka BP until 2 ka BP the NAO was more neutral and negative, which was followed by a more frequently positive NAO after 2 ka BP (Olsen et al., 2012; Nesje et al., 2000; Faust et al., 2016), a trend supported by a compilation of SST reconstructions (Rimbu et al., 2003). The validity of basing NAO reconstructions on single sites has been questioned due to non-stationarity in the proxy-NAO relationship through time (e.g. Lehner et al., 2012; Ortega et al., 2015). However, the NAO reconstructions are supported by storm track reconstructions from Europe, which show a southward storm track position (reflecting a more negative NAO) before 2 ka BP, followed by a northward storm track shift (reflecting a more positive NAO pattern) after 2 ka BP (Bakke et al., 2008; Orme et al., 2017). These results therefore suggest that through the Holocene there have been long-term millennial shifts in atmospheric circulation.

The CMIP5 multi-model ensemble predicts that up until the end of the 21st century, storm tracks will stay within the range of natural variability in the northern hemisphere, although there is substantial uncertainty in this prediction (Collins et al., 2013). However, some studies based on modelling, observational and palaeoclimatic records (Francis and Vavrus, 2012; Yang and Christensen, 2012; Kim et al., 2014; Orme et al., 2017) suggest that greater warming over the polar regions compared to that of the mid-latitudes could weaken the temperature gradient, driving a weaker meridional/circumpolar circulation and a negative NAO. Such negative NAO circulation may result in changes in the subpolar North Atlantic, by reducing the amount of wind-driven northward heat transport, increasing the southward export of Arctic water and altering ocean-atmosphere heat fluxes, which may then alter rates of deep-water formation and the wider ocean circulation (e.g. Taylor and Stephens, 1998; Blindheim et al., 2000; Curry and McCartney, 2001; Eden and Jung, 2001; Latif et al., 2006). Thus, a central aim of this paper is to investigate the changes to the North Atlantic Ocean circulation that occurred as a result of the possible long-term negative phase of the NAO at 4.2−2 ka BP (Olsen et al., 2012; Faust et al., 2016). As such, here we present a new diatom-based SST reconstruction from the Iceland Basin for the last 6.1 ka BP and compare this with other SST reconstructions from the subpolar North Atlantic to understand the spatial temperature patterns. We then compare these with past variations in atmospheric circulation, to better understand the long-term ocean-atmosphere interactions in a region of high importance for the global climate system.

2. Oceanographic setting

The core site DA12-11/2-GC01 is located in the Iceland Basin which is bounded by the Reykjanes Ridge to the west, Iceland and the Iceland-Faroe ridge to the north and northwest and the Rockall Plateau to the southwest (Fig. 1). Within the Iceland Basin sediment transported by deep currents has accumulated to form the Björn and Gardar Drifts (Bianchi and McCave, 2000).

The NAC transports warm Atlantic water to the subpolar North Atlantic along several pathways (Fig. 1). A western branch turns northwest towards Iceland; part of the current passes over the Iceland-Faroe Ridge into the Nordic Seas while the other part travels as the Irminger Current (IC) first to the south and then to the north around the Reykjanes Ridge (Jakobsen et al., 2003; Pollard et al., 2004). The IC bifurcates in the Denmark Strait with a small part flowing to the north of Iceland while a larger branch recirculates to the south and converges with the south flowing EG (Jakobsen et al., 2003; Pollard et al., 2004; Våge et al., 2011). The eastern branch of the NAC remains close to the European continental slope as it heads northwards, passing through the Rockall Trough to the Faroe-Shetland channel before entering the Nordic Seas (Orvik and Niller, 2002; Jakobsen et al., 2003). The two currents that entered the Nordic Seas head northwards along separate
paths, with an area of 200–600 km between them occupied by Atlantic Water (Orvik and Niiler, 2002). The warm water of the NAC is transported to Svalbard, where it forms the West Spitsbergen Current (Aagaard and Greisman, 1975).

The northward transport of warmer Atlantic water is balanced by the southward transport of cold, low salinity water (polar surface water) and sea ice from the Arctic Ocean, carried by the EGC, which passes through the Fram Strait and continues southwards through the Denmark Strait (Aagaard and Carmack, 1989; Martin and Wadhams, 1999; Woodgate et al., 1999; Rudels et al., 2002). The Polar Surface Water of the EGC extends from the surface to depths ~150 m, with temperatures ~1.7°C and low salinity (34‰) (Aagaard and Coachman, 1968; Jeansson et al., 2008).

The SST distribution in the Iceland Basin is characterised by a gradient, with warmer temperatures towards the southwest and cooler temperatures towards Iceland and the Reykjanes Ridge (De Boisseson et al., 2010). The surface water masses are typically associated with Subpolar Mode Water, which has temperature and salinity varying in the range of 7–12°C and 35–35.5‰ respectively and results from mixing of subpolar and subtropical waters advected to the Iceland Basin by the NAC (Wright and Worthington, 1970; McCartney and Talley, 1982; De Boisseson et al., 2012).

3. Materials and methods

3.1. Core location

The 419.5 cm long marine sediment core DA12-11/2-GC01 was recovered in September 2012 by the Danish R/V Dana during the DA12-11/2 teaching cruise, using a gravity corer. The core was taken from a location at the northern edge of the Gardar Drift and the eastern edge of the Bjørn Drift in the Iceland Basin (61.36.536°N, 20.42.164°W; Fig. 1) at a water depth of 2120 m. Due to bad weather, it was not possible to retrieve a CTD depth profile at the site, but in the upper 50 m of the water column the average temperature at the site for the period 1955–2012 was 10.9 ± 1°C in summer and 8.1 ± 0.8°C in winter, while the salinity was 35.15 ± 0.08‰ in summer and 35.23 ± 0.04‰ in winter (WOA2013; Locarnini et al., 2013; Zweng et al., 2013).

3.2. Age-depth model

The age-depth model of the full core is based on 10 AMS 14C radiocarbon dates of either planktic foraminiferal tests (Globigerina bulloides, Turborotalita quinqueloba) or shell fragments (holoplanktic thecosome pteropod Diacria trispinosa) (Van Nieuwenhove et al., 2018). The results from the upper 2 m of core presented here (Fig. 2) are constrained by six radiocarbon dates, including date AAR24460 from 235 cm, which has a modelled age of 7540 cal yrs BP (Van Nieuwenhove et al., 2018). Samples were dated at the Aarhus AMS Centre of the Department of Physics and Astronomy, Aarhus University. The radiocarbon ages were calibrated and the age-depth model developed with OxCal 4.2 (Bronk Ramsey, 2008) using the Marine13 calibration curve (Reimer et al., 2013), with a regional marine reservoir age offset ΔR = 0 years (Van Nieuwenhove et al., 2018). Four pronounced tephra layers could not be attributed to eruptions unambiguously so they were not used to constrain the age-depth model, and the layers...
H$_2$O$_2$, removal of the clay fraction and mounting of the remaining organic and carbonaceous material from the sample (Koc-berg, 1978). A minimum of 300 diatom frustules were identified on a Leica Orthoplan microscope using 1000x magnification and mounting of the remaining sample onto slides. Analysis of the diatom assemblages was carried out on a Leica Orthoplan microscope using 1000x magnification and following the counting protocol outlined by Schrader and Kipp, 1971; Andersen et al., 2004a; Oksman et al., 2017). A minimum of 300 diatom frustules were identified in each sample and the percentage abundance of each sample calculated. The 300 counted frustules did not include Chaetoceros spores, which are highly abundant and insensitive to SST (Koc-Karpuz and Schrader, 1990).

Diatoms in the North Atlantic bloom during the spring-summer season; therefore, the species variability represents summer conditions and particularly August temperature (Koc-Karpuz and Schrader, 1990; Birks and Koc, 2002; Berner et al., 2008). Past SSTs are reconstructed using transfer functions, which establish the relationship between diatom species assemblages present in the surface (modern) ocean sediments and the known, modern SST from the sample locations. Individual diatom species have a unimodal relationship with temperature (i.e. a maximum abundance at an optimum temperature), but SST can be predicted because the optimum temperatures of different species are distributed along a linear temperature gradient (Birks, 1998; Berner et al., 2008). The direct relationship between the upper water temperature and surface diatom community and the preserved fossil community at a given location is complicated by the potential for lateral transport of sinking diatoms. Individual diatoms or aggregates sink relatively slowly (0.1–100 m/day), so may be carried long distances, while those within faecal pellets sink quickly (5–2700 m/day; Turner, 2002; Sarthou et al., 2005; Miklasz and Denny, 2010), so deposition is more direct. However the contribution of each to the diatoms on the seafloor is generally unknown and spatially variable (Turner, 2002). Nevertheless, the well-established strong relationship between the summer temperatures and fossil diatom assemblages in surface sediments suggests that in general diatom deposition in the subpolar North Atlantic occurs locally.

The relative diatom abundances were converted to summer (August) SST using the North Atlantic diatom calibration data set consisting of 183 surface sediment samples (Miettinen et al., 2015) and a weighted averaging partial least squares (WA-PLS) transfer function (ter Braak and Juggins, 1993). Using WA-PLS, the fossil diatom assemblage data were used to estimate the past SST (e.g. Birks and Koc, 2002). The WA-PLS transfer function utilizes the unimodal species response model and attempts to maximize the covariance between the modern diatom assemblages and SST, in order to maximize the predictive power of the model (Birks and Koc, 2002) and this requires the number of components that the model will use to be specified. The optimal number of WA-PLS components was determined using a randomization t-test applied to h-block prediction errors, which showed that the 2-component model is the most reliable (Oksman et al., 2017). The proxy error for the SST reconstruction was estimated using the h-block cross validation technique (Trachsel and Telford, 2016), a method which accounts for spatial autocorrelation (and the resulting underestimation of error) by excluding from the calibration dataset samples closer than a certain distance from the core site (Oksman et al., 2017). The root mean square prediction error (RMSEP) for the 2-component WA-PLS model with the h-block cross validation is 1.1 °C, R$^2$ (the coefficient of determination between observed and inferred values) is 0.92 and maximum bias is 2.8 °C.

Factor analysis was conducted to characterise past oceanographic conditions at the core site in terms of variations in prevalent types of surface water masses. Q-mode factor analysis on the modern diatom calibration dataset from the North Atlantic has grouped diatom taxa into a number of assemblages (or factors) that are characteristic of different water masses (Imbrie and Kipp, 1971; Andersen et al., 2004a; Oksman et al., 2017). These are the Arctic Greenland Assemblage (factor 1), North Atlantic Assemblage (factor 2), sub-Arctic Assemblage (factor 3), Norwegian Atlantic Current Assemblage (factor 4), Sea Ice Assemblage (factor 5), Arctic Assemblage (factor 6), East and West Greenland Current Assemblage (factor 7), and the Mixed Water Masses Assemblage (factor 8) (Andersen et al., 2004a). This classification of assemblages has since been modified by Oksman et al. (2017) who used the extended modern core top calibration data set (183 samples rather than 139) and renamed the Sea Ice assemblage as the Marginal Ice Zone assemblage. This modified classification of assemblages was applied to the DA12-11/2-GC01 diatom record to show the relative importance of each factor, and therefore each water mass, through time. The community index is used to assess the agreement between the factor analysis and fossil assemblages. It is defined as a squared sum of factor loadings, which is actually a fraction of variance represented by the
decomposition for every single sample analysed. Ideally it should be 1, but in reality it is generally lower.

4. Results

The diatom species assemblage of DA12-11/2-GC01 is dominated by common North-Atlantic temperate species *Thalassionema nitzschioides, Rhizosolenia hebetata f. semispina, Rhizosolenia borealis, Proboscia alata, Thalassiosira oestrupii, Nitzschia bicapitata* and *Synedra* sp. (each >5% abundance) (Fig. 3). The reconstruction suggests an average summer SST of about 12 °C (range 11.2–13.3 °C) (Fig. 4).

The reconstruction shows a weak negative SST trend through the whole record with a cooling of around 0.1 °C/1000 years (Fig. 4). This was likely associated with decreasing abundances of warm species (*Thalassiosira oestrupii, Thalassionema nitzschioides* and perhaps *Thalassiosira angulata*, which have optimum temperatures of 13.4, 11.1 and 9 °C respectively), and increasing abundances of cool species (*Rhizosolenia hebetata f. semispina* and *Thalassiosira gravida*, which have optimum temperatures of 8.4 and 7.1 °C respectively) (Fig. 3).

The millennial-scale variations in temperature are pronounced and show three distinct periods, with cooler SSTs at ~4-2 ka BP and warmer SSTs before (~6.1 e 4 ka BP) and after (2-0 ka BP) this interval (Fig. 4). The earliest warm period at ~6.1–4 ka BP had average reconstructed SSTs of 12–13.3 °C, with the warmest temperatures in the record occurring at ~6.1–5.5 ka BP (c. 13 °C). The cooler period ~4-2 ka BP had reconstructed SST that varied around 11.5 °C, with minima at 3.2 and 2.4 ka BP interrupted by a short warming at 2.7 ka BP. In the most recent period after 2 ka BP the SSTs again increased peaking at 1.8 ka BP, yet SSTs did not attain values as high as those reconstructed for 6.1–4 ka BP. The low SSTs calculated for 4-2 ka BP are linked to a reduced abundance of the warm *Synedra* sp. (optimum temperature 12.7 °C), and increased abundance of species that prefer cooler waters (*Thalassiotrix longissima, Thalassiosira nodulolineata, Rhizosolenia hebetata f. semispina* and *Asteromphalus robustus*; optimum temperatures of 8.5, 7.0, 8.4 and 5.1 °C respectively) (Fig. 3). After 2 ka BP the increased abundance of *Synedra* species and reduced abundances of those cooler water species support a return to warm SSTs.

The significance of the temperature change at 4-2 ka BP compared to the rest of the record was tested statistically using a 2-sample Students t-test. This tested the null hypothesis that the results originated from two normal distributions with equal means and non-equal unknown variances. Prior to testing, the reconstructed SST values grouped into these two subsets were perturbed with an additive noise term of N (0,RMSEP). In total, 2000 perturbed reconstructions were generated. The test statistics for each pair member were then collected and analysed. Results demonstrated a rejection rate for the null hypothesis of about 44%, suggesting that we can reject the hypothesis that the average SST at 4-2 ka BP was equal to the average SST over the rest of the reconstruction.

The factor analysis showed that three diatom assemblages were dominant in the fossil data set; the Norwegian Atlantic Current assemblage, the sub-Arctic assemblage and the North Atlantic assemblage (Fig. 5). The down core distribution of the dominant factors reflects the time variability of the reconstructed SST and presumably the relative contributions of different water masses (as shown in Fig. 1) at the core location. The Norwegian Atlantic Current (factor 4) showed increasing values at 6.1–4.9 ka BP, constant values until 2 ka BP before slightly reduced and variable values after 2 ka BP, with a prominent minimum at 0.1 ka BP. The sub-Arctic assemblage (factor 3) shows an increasing trend through the entire record from 6.1 ka BP to present, with elevated values at 4-2, 1 and 0.1 ka BP (Fig. 5). The North Atlantic Assemblage (factor 2)

![Fig. 3. Diatom abundances as percentages of total sample. Note that the species are plotted on different x-axis scales. The shaded area highlights the reconstructed cold SST interval at c.4-2 ka BP.](image-url)
shows a persistent negative trend between 6.1 and 2 ka BP, thereafter remaining constant (Fig. 5). High values of the communality index before 2 ka BP support that the fossil assemblages were similar to the modern assemblages used for the factor analysis (Fig. 5). The decrease after this point indicates that during the last 2000 years the fossil assemblages were not as strongly similar to those found in the modern assemblages. We speculate that this may be due to mixing of different water masses after 2 ka BP or due to relatively few modern samples from the Iceland Basin in the modern calibration dataset.

5. Discussion

5.1. Sea surface temperature in the Iceland basin

The millennial trends in SST observed in the diatom-based August SST reconstruction presented here are supported by a summer SST reconstruction based on dinoflagellate cysts from the same core (Fig. 4; Van Nieuwenhove et al., 2018), which also shows a cold interval between 4 and 2 ka BP. In the diatom-based record the mean reconstructed temperature between 4 and 2 ka BP is
11.5 °C compared with 12.5 and 12.1 °C in the periods before 4 ka BP and after 2 ka BP respectively, showing a reconstructed cooling of 0.6–1 °C. In the dinocyst-based record the mean reconstructed temperature between 4 and 2 ka BP is 10.3 °C compared with 11.3 and 11.6 °C in the periods before 4 ka BP and after 2 ka BP respectively, showing a cooling of 1–1.3 °C. Both records agree that the coldest conditions occurred around ~3.2 ka BP (Fig. 4), although a second SST minimum at ~2.4 ka BP evident in the diatom reconstruction is represented in the dinocyst-based reconstruction only by a subtle interruption of a general warming trend.

The diatom-based reconstruction shows warmer reconstructed temperatures than the dinocyst-based reconstruction and the modern measured summer SST (June–August) of 10.9 °C. The reconstructed temperatures are similar after 3 ka BP but differ by as much as 2 °C before this. Given the diatom transfer function RMSEP of 1.1 °C and the dinocyst RMSE of 1.7 °C (Van Nieuwenhove et al., 2018) the difference may have been caused by this uncertainty. A further reason may be because the diatom transfer function reconstructs the peak summer warming (the strongest statistical relationship is between diatom assemblages and August temperature; Koc-Karpuz and Schrader, 1990; Berner et al., 2008), whereas the dinocyst transfer function used here reconstructs the average summer temperature from July–September (Van Nieuwenhove et al., 2018). Alternatively, there may be some differences in the water depths that diatoms and dinoflagellates occupy.

The overall long-term cooling trend in the diatom-based SST reconstruction for the last 6.1 ka fits with the widely established cooling in the subpolar North Atlantic since the Holocene Thermal Maximum, resulting from decreasing Northern Hemisphere summer insolation (e.g. Calvo et al., 2002; Marchal et al., 2002; Andersen et al., 2004a, 2004b; Andresson et al., 2010; Jiang et al., 2015; Sejrup et al., 2016). Since 6.1 ka BP there was also a gradual increase in the Sub-Arctic assemblage (typical of the central and western north Atlantic including the SPG) and a gradual decrease in the North Atlantic assemblage (typical of the eastern North Atlantic and the NAC). Given the modern spatial distribution of these water masses (Fig. 1) this may support a south-eastward expansion of cooler water masses. The SST cooling registered between 4 and 2 ka BP represents a remarkable deviation from the overall negative summer SST trend and therefore this interval will be the focus for discussion in the following sections. We first summarise the spatial pattern of SST in the subpolar North Atlantic and then discuss possible driving factors behind the observed variability at 4–2 ka BP.

5.2. Oceanographic changes at 4–2 ka BP

In the Iceland Basin (core Rapid 21-COM) and Reykjanes Ridge area (core LO09-14, Figs. 6G and 7 (point 6)) SST reconstructions based on diatoms and dinocysts show the cool event at 4–2 ka BP (Miettinen et al., 2012; Berner et al., 2008; Solignac et al., 2008), although an alkenone-based SST reconstruction (core MD95-2015) shows only minimal cooling at this time (Fig. 7 (point 9); Marchal et al., 2002). However, Mg/Ca reconstructions from the Iceland Basin (MD99-2251 and RAPiD-12-1K), which reflect winter
temperature, show contrasting results: both greater variability at 4–2 ka BP (Thornalley et al., 2011; Figs. 6H and 7 (point 8)) which may reflect the cold event, and warming after 4 ka BP (Fig. 7 (points 7 and 8); Farmer et al., 2008). Sub-surface temperature reconstructions based on planktic foraminifera also do not have a clear cold event; instead they show two large oscillations after 4 ka BP (core ODP-984; Fig. 7 (point 5); Came et al., 2007), a strong warming at 4–2 ka BP (core MD99-2269; Marchal et al., 2002; Fig. 7 (point 9)) and relatively stable temperatures (NA8722; Fig. 7 (point 10); Duplessy et al., 1992). Therefore, between 4 and 2 ka BP this region had a summer cooling of the surface water, which does not appear to have influenced the subsurface.

On the northwest Iceland shelf (cores MD99-2269 and MD99-2266) the reconstructions of summer SST based on diatoms and alkenones show a cooler interval at 4–2 ka BP (core ODP-984; Fig. 7 (point 5); Came et al., 2007), a strong warming at 4–2 ka BP (core MD95-2011; Miettinen et al., 2015), as well as in core Fox05R near Sermilik (Andresen et al., 2013), where inflow of warm Atlantic subsurface water reduced after 3.6 ka BP. However, a diatom study of cores HU93030-19A and BS88-06-5A showed low temperatures after 2 ka BP without warming (Andersen et al., 2004a).

In the Greenland Sea, a foraminifera-based subsurface temperature reconstruction shows pronounced subsurface cooling at c.5.7–2 ka BP followed by warming (core PS1878; Figs. 6A and 7). The shaded area highlights the reconstructed cold SST interval at c. 4-2 ka BP of this study.

Fig. 6. Comparison between a selection of the considered subpolar North Atlantic temperature reconstructions from each region, with reconstructions from the west on the left and those from the east on the right. A) planktic foraminifera subsurface summer temperature reconstruction from core PS1878 (Telesiński et al., 2014), B) planktic foraminifera subsurface summer temperature reconstruction from core MD99-2322 (Jennings et al., 2011), C) diatom-based August SST reconstruction from core MD99-2269 (Justwan et al., 2008), D) alkenone-based summer SST reconstruction from core MD99-2269 (Kristjánsson et al., 2017), E) alkenone-based summer SST reconstruction from core MD99-2266 (Moosén et al., 2015), F) diatom-based August SST reconstruction from core DA12-11/GG01 (this study), G) diatom-based August SST reconstruction from core LO09-14 (Bernier et al., 2008), H) surface spring-summer temperature reconstruction (based on paired Mg/Ca–δ18O measurements on planktic foraminifera Globigerina bulloides) from core RAPID-12-1K (Thornalley et al., 2009), I) foraminifera-based summer SST reconstruction from core M22528 (Sarnthein et al., 2003), J) foraminifera-based subsurface temperature reconstruction from cores T88-2/JM01-1199 (Hald et al., 2007), K) dinocyst-based summer (July–September) SST reconstruction from core M23323 (Van Nieuwenhove et al., 2016), L) alkenone-based annual SST reconstruction from core MD95-2011 (Cavo et al., 2002), M) foraminifera-based summer SST reconstruction from core MD95-2011 (Andersson et al., 2010). The shaded area highlights the reconstructed cold SST interval at c. 4-2 ka BP of this study.
however surface temperatures (diatom-based SST from core PS21842) appear to have decreased at 7-2 ka BP before they stabilised (Fig. 7 (point 25); Koç and Jansen, 1994). Further records from both the East Greenland Shelf and the Greenland-Iceland Seas would be required to identify with greater confidence the temperature patterns for these regions.

In the region to the west and south of Svalbard the majority of temperature reconstructions are based on foraminifera and therefore reflect subsurface temperatures. Many of these show the subsurface temperatures cooled between 5 and 3-2 ka BP, followed by warming (cores MSM5/5-723-2, MSM5/5-712-2, MD99-2304, JM03-373PC2; Figs. 6 I and Fig. 7 (points 13, 14, 15, 16, 17); Sarnthein et al., 2003; Ebbesen et al., 2007; Rasmussen et al., 2007, 2014; Werner et al., 2013, 2016). A transect of cores between Norway and Svalbard (including core T88-2; Figs. 6 j and 7 (point 18)) shows that the 3 northernmost records (north of 70°N) had cooler subsurface temperatures at 5-3 ka BP (Hald et al., 2007). However, an alkenone-based SST record (core M23258) instead indicates a cooling after 3 ka BP (Fig. 7 (point 17), Marchal et al., 2002). Therefore, in this region it is clear that the subsurface signal is in line with the DA12-11/2-GC01 core reconstruction, however the SST patterns remain unclear.

Within the Norwegian Sea reconstructions do not show a cold event at 4-2 ka BP. Offshore northern Norway, an alkenone SST reconstruction (PSh-5159N) showed cooling after 3 ka BP that lasted until present (Fig. 7 (point 19); Risebrobakken et al., 2010). However, IRD here increased between c. 5-2 ka BP, which is interpreted as representing cooler summers when sea ice could reach the site (Risebrobakken et al., 2010). On the Vøring plateau there are some contrasting patterns: alkenone and diatom-based SST estimates...
from core MD95-2011 (Fig. 7 (point 23)) indicate a cooling trend at 4.0–2.5 ka BP followed by stable temperatures (Fig. 6L; Marchal et al., 2002; Calvo et al., 2002; Birks and Koc, 2002; Berner et al., 2011), a radiolarian-based reconstruction shows no changes (Dolven et al., 2002) and a warming trend is shown by a dinocyst-based SST reconstruction (core M23323; Figs. 6K and 7 (point 22); Van Nieuwenhove et al., 2016). Subsurface (foraminifera-based) temperature reconstructions also do not show a cold event, instead showing only little variation (Core Troll 8903; Fig. 7 (point 24); Klitgaard-Kristensen et al., 2001; Hald et al., 2007) or a warming trend (MD95-2011, Fig. 6M; Risiebrobakken et al., 2003; Andersson et al., 2003, 2010). Therefore, it can be concluded that a pronounced cold period did not occur at 4–2 ka BP in the Norwegian Sea.

In summary, the period between 4 and 2 ka BP that featured colder summer SSTs in the Iceland Basin is manifested in some, but not all, surface and subsurface temperature reconstructions south and north of Iceland, from the East Greenland Shelf, the Greenland Sea and to the south and west of Svalbard (Fig. 7). The identification of this cool event across a range of sites supports that this was not a result of local factors, such as glacier fluctuations, or methodological factors, such as the long-distance transport of diatoms. In some of the reconstructions (such as L009-14 and MD99-2269 from the Iceland Basin, Marchal et al., 2002; PS1878 from the Greenland Sea and PS1878 south of Svalbard; Fig. 6) the cool period began earlier at c. 5 ka BP. Some of the difference may be explained by age uncertainties from dating and marine reservoir ages. However, between 5 and 4 ka BP the DA12–11 core and others show gradual cooling, supporting that the onset of this cool event began around 5 ka BP. It is notable that the cold interval is not captured in reconstructions that are situated along the Norwegian coast but is primarily identified in reconstructions from the sites directly influenced by the EGC, or in regions proximal to this current. Principal component analysis on surface and near-surface temperature reconstructions from the subpolar north Atlantic-Fennoscandian region by Sejrup et al. (2016) shows cold surface temperatures during the Late Holocene. The subsurface temperature reconstructions however suggest a cooling centred at c. 2 ka BP in the west followed by warming, with opposite patterns towards Norway (Sejrup et al., 2016). Although there is some difference in the timing of the cooling event, the contrasting patterns between the east and west, and the spatial distribution of the subsurface temperature, reflects the findings discussed here.

5.3. Potential causes of the cold period at 4-2 ka BP

5.3.1. Arctic water outflow

The cold interval at 4-2 ka BP coincides with a period that had prevalent negative NAO conditions (Olsen et al., 2012, Fig. 8C) and southward-shifted storm-tracks (Bakke et al., 2008; Orme et al., 2017, Fig. 8A and B), supporting the possibility that atmospheric forcing caused the observed SST patterns. The SST decrease and the increase in the Sub-Arctic assemblage at 4-2 ka BP, may have been caused by a greater southward transport of polar water by the EGC in response to a period with persistent negative NAO. Such phenomena were observed at sub-decadal scale in the 20th century when strongly negative NAO anomalies and high pressure over Greenland caused strengthened northerly winds over east Greenland, a strengthened EGC and increased polar water transport from the Arctic Ocean (e.g. the Great Salinity Anomaly of the 1960’s; Blindheim et al., 2000). Given the complex forcings and feedbacks between atmospheric and ocean temperatures and ocean circulation, it is conceivable that ocean surface water cooling may have been the cause (rather than the result) of the generally negative NAO at 4-2 ka BP. However, we consider this unlikely as the SST cooling appears to be regional (Fig. 7) and goes against the general trend of gradual cooling and increasing sea ice in the Arctic (Kim et al., 2004; Vare et al., 2009) that most likely would have had a greater influence on the atmosphere. Thus, the surface water cooling was more likely a result of a generally negative NAO scenario. Modelling studies have shown similar events at multidecadal timescales; these feature an export of fresh, cold water and sea ice from the Arctic into the Greenland Sea, which was then transported south through the Denmark Strait into the North Atlantic (including the Icelandic Basin) as a result of strengthened northerly winds (Delworth et al., 1997; Renssen et al., 2005). Interestingly, the Renssen et al. (2005) simulation indicates that these episodes occurred particularly in the period 3.5–1.5 ka BP. Therefore, we speculate that the period 4-2 ka BP had enhanced southward transport of the EGC, which allowed subarctic water into the Iceland Basin, either directly from the Denmark Strait and across the Reykjanes Ridge with a south-eastward shift in the subarctic front, or via recirculation within the SPG.

Various studies have found evidence that the EGC was stronger at this time. On the East Greenland shelf, a stronger EGC at 4.5–1.4 ka BP has been inferred from variations in sea ice (Perner et al., 2015; Kolling et al., 2017) and after 3.6 ka BP foraminiferal changes indicate an increased influence of polar water, although this continued after 2 ka BP (Andresen et al., 2012). To the north, Justwan et al. (2008) interpreted cooler SSTs and an increase in an Arctic diatom assemblage as reflecting a strengthened East Iceland Current at 4.7–2.2 ka BP. In addition, to the west of Svalbard, cold temperatures and increased sea ice at 5.2 to 3 ka BP have been interpreted as a spread of Arctic water through the Fram Strait along a strengthened EGC (Werner et al., 2013). Finally, a study of the temporal variability of reservoir ages during the Late Holocene from the north of Iceland shows higher reservoir ages at 4/3 - 2 ka BP in three cores, which is interpreted as resulting from greater input of ‘old’ carbon from the Arctic Ocean via a strengthened EGC (Eriksson et al., 2004). The strengthened EGC may have allowed more Arctic water to enter the Iceland Basin at around 4 ka BP, as evidenced by dinoflagellate cyst variability (Solignac et al., 2004; Van Nieuwenhove et al., 2018) and fluctuations in foraminifera and diatoms on the Reykjanes Ridge at 3–2 ka BP (Rasmussen et al., 2002). Together, the evidence supports that the period 5/4 ka BP until 2 ka BP may have had greater atmospherically-driven Arctic water outflow along the EGC.

5.3.2. Greenland ice melt

A second hypothesis to explain the cooling at 4–2 ka BP is that of increased meltwater runoff from Greenland. Modern measurements show a strong negative correlation between the NAO and Greenland temperature (Serreze et al., 1997; Chylek et al., 2004); therefore, the negative NAO at 4-2 ka BP (Olsen et al., 2012; Faust et al., 2016) may have caused anomalous regional warming and increased the amount of meltwater entering the North Atlantic and Greenland Sea. This is supported by evidence of warmer temperatures over the Greenland ice sheet between 4 and 2 ka BP (Alley, 2004; Briner et al., 2016) but contradicted by other reconstructions that show cooling trends or stable temperatures over Greenland during this interval (e.g. Johnsen et al., 2001; Kobashi et al., 2017). During the mid-late Holocene, the period before c.2–3 ka BP had a steep reduction in elevation at the GRIP drill site, before the elevation slightly increased after 2 ka BP (Vinther et al., 2009), and the Greenland ice sheet reached its minimum extent at 5–3 ka BP (Briner et al., 2016). This latter study in particular supports that ice loss from Greenland may be a possible factor for explaining the cooling of the subpolar North Atlantic. An input of meltwater is supported by evidence of lower salinities south of Iceland, on the Greenland Rise and the Rockall Plateau at c. 5–2 ka BP (Duplessy et al., 1992; Solignac et al., 2004; Came et al., 2007;
In the Ice-land Basin (RAPID-12-1K) the negative NAO events in particular coincide with low salinity anomalies in the surface waters (Thornalley et al., 2009, Fig. 8G). However, this freshening may have equally been caused by a strengthened EGC and greater export of freshwater from the Arctic.

A model forced by the Early Holocene melting of the Greenland Ice Sheet showed the clearest SST response around southeastern Greenland, extending into the Iceland Basin and through the Denmark Strait (Blaschek and Renssen, 2013). This study finds that close to Greenland the freshening of surface water caused stratification and cooling because of reduced vertical mixing, while cooling across the North Atlantic was the result of reduced AMOC strength following meltwater input to the Labrador Sea (Blaschek and Renssen, 2013). To know if similar changes occurred at 4-2 ka BP, we require estimates of the volume of meltwater produced during the period of reduced Greenland ice sheet extent at 5-2 ka BP (Briner et al., 2016) and modelling of the effects of smaller freshwater inputs. However, convection in this region is very sensitive to even small quantities of additional freshwater because of strong amplifying feedbacks related to the circulation of the sub-polar gyre (Born et al., 2010; Born and Stocker, 2014).

**Fig. 8.** Comparison between reconstructions reflecting atmospheric and ocean circulation changes over the last 6 ka BP. A) storm track reconstruction based on contrasting reconstructed precipitation between southern and northern Norway (Bakke et al., 2008), B) storm track reconstruction based on contrasting patterns of reconstructed storminess from Scotland and Spain (Orme et al., 2017), C) NAO reconstruction based on hypolimnetic anoxia from a lake in Greenland (Olsen et al., 2012), D) DA12-11/2-GC01 SST reconstruction (this study), E) Atlantic Water Inflow reconstruction in the Nordic Sea (Ciraudeau et al., 2010), F) upper water column stratification reconstruction for the Iceland Basin (stratification increases upwards) based on the δ18O difference between Globigerina bulloides and Globorotalia inflata (Thornalley et al., 2009) and G) near-surface salinity reconstruction from the Iceland Basin derived from paired Mg/Ca–δ18O measurements on planktic foraminifera Globigerina bulloides (Thornalley et al., 2009). The shaded area highlights the reconstructed cold SST interval at c. 4-2 ka BP of this study.
5.3.3. Northward heat transport and the effects of SPG dynamics

The dynamics of the SPG and associated modulation of the northward heat transport is another potential cause of the observed cooling at 4-2 ka BP. The increase of the sub-Arctic assemblage at 4-2 ka BP may support this, as in addition to being found to the north of Iceland it is also an assemblage characteristic of the SPG. The influence of the NAO on the SPG is uncertain. It has been suggested that during the 1990’s the positive to negative shift in the NAO caused the SPG to change from an E-W to a N-S configuration, which resulted in warmer waters being transported to the Iceland Basin (Hatun et al., 2005). However, subsequent analysis would suggest that such longitudinal shifts of the eastern SPG do not control the properties of the eastern subpolar North Atlantic, and that the NAO does not cause changes in the configuration of the SPG (Foukal and Lozier, 2017). Meanwhile, a model suggests that a weaker SPG during negative NAO periods (with a blocking high pressure centred over the British Isles and eastern North Atlantic) instead causes cooling in the Iceland Basin due to reduced advection (Moffa-Sanchez et al., 2014).

Reconstructions of SPG dynamics and northward heat transport show steady or oscillating conditions rather than a clear change at 4-2 ka BP (Fig. 6F; Thornalley et al., 2009; Repschläger et al., 2017; Blunier et al., 2018). Furthermore, in core DA12-112-GC01 the dinocyst Operculodinium centrocarpum, a species often found within waters from the NAC, shows high values since 6.8 ka BP and particularly at c. 4.4 ka BP, followed by declining values to present (Van Nieuwenhove et al., 2018), likely reflecting a continuous reduction in the northward heat transport. This evidence suggests that at this time the SPG and NAC were not influenced by the negative NAO and did not cause the SST cooling. The lack of evidence for a cold interval along the Norwegian coast (Fig. 7) may also support that NAC heat transport was not reduced, although this region may not be sensitive to NAO changes if it was influenced by NAC water during both positive and negative NAO phases (Blindheim et al., 2000). On the other hand, a record of Atlantic Water inflow to the Nordic Seas does show a strong similarity with the NAO and SST reconstructions, with reduced strength during the period 4-2 ka BP (Giraudeau et al., 2010, Fig. 8 E), which might indicate that heat transport to the Iceland Basin was also reduced at this time if the NAC weakened. In any case, the ambiguity in the different proxy reconstructions outlined above precludes concluding firmly that the millennial SST variations were caused by atmospherically-driven changes in SPG strength and northward heat transport.

In summary, we consider that the SST cooling at 4-2 ka BP may have been caused by either enhanced Arctic outflow via the EGC (section 5.3.1) or enhanced ice melt from East Greenland (section 5.3.2), both of which may be associated with negative NAO circulation. The currently available evidence of northward heat transport and SPG dynamics (section 5.3.3) does not strongly support that reduced heat transport caused the observed cooling.

5.4. Wider ocean changes

Lower salinity and colder water entering the subpolar north Atlantic (resulting from either Arctic outflow or melting of the Greenland ice sheet) may have influenced the wider ocean circulation, including the rates of deep water formation (i.e. Denmark Strait Overflow Water (DSOW) and North Atlantic Deep Water) and as such the vigour of the AMOC. Observations indicate that during the strongly negative NAO of the 1960’s there was increased deep-water formation in the Greenland Sea due to stronger northerly winds, strong cooling and increased sea ice formation (which led to brine production) (Dickson et al., 1996). Therefore enhanced deep-water formation at 7-3 ka BP in the Greenland Sea (shown by high δ13C values; Telesiński et al., 2014) may have resulted from this direct atmospheric forcing. Furthermore, since DSOW is formed by water transported southwards by the EGC (Mauritzon, 1996), the strengthened outflow of DSOW at 6.5–3 ka BP southwest of Greenland (MD99–2227) (Fagel et al., 2004) may have been the result of the strengthened EGC. Increased freshwater input may also have caused a strengthening of the Labrador Current at 5–3.1 ka BP, as it is known that varying input can modulate its vigour (Rashid et al., 2017). While Rashid et al. (2017) did not identify a freshwater input that could account for the high Labrador Current strength, we suggest that it may have been supplied by a NAO-driven strengthening of the EGC or melting from Greenland. This evidence supports that ocean circulation beyond the northwest Atlantic could have been influenced by the negative NAO circulation at 4-2 ka BP.

6. Conclusions

A diatom-based SST reconstruction from core DA12-112/GC01, retrieved from the Iceland Basin, shows a pronounced SST cooling between 4 and 2 ka BP, with warmer temperatures prior to 4 ka BP and after 2 ka BP. Comparison of the new reconstruction with others from the subpolar North Atlantic indicates that this cold period was also observed in some reconstructions to the west of the study region, in particular from locations under the influence of the East Greenland Current.

We propose three hypotheses that might explain the observed cooling and its spatial pattern. The first, and perhaps most likely cause of the cooling, is that a persistently negative NAO at this time caused strengthening of northerly winds east of Greenland, which strengthened the EGC, bringing cool Arctic water as far south as the Icelandic Basin. Alternatively, a greater input of meltwater from Greenland caused by negative NAO-induced atmospheric warming may have caused the SST cooling and freshening during this period. A third hypothesis stipulates that the cooling was caused by reduced northward heat transport via the NAC or SPG but this is not supported by much of the available evidence. Although presented here separately, we consider it likely that the three mechanisms may have been operating concurrently.

It is predicted that negative NAO-like circulation may characterise future climate (e.g. Seierstad and Bader, 2009; Vihma, 2014) and our results indicate that this may result in cooling in the western region of the subpolar North Atlantic. At 4-2 ka BP this appears to have caused strengthened Greenland Sea deepwater formation and DSOW (Fagel et al., 2004; Telesiński et al., 2014), and a similar response may be expected with future climate change. This may in turn influence the AMOC strength, but further research would be required to confirm this for the period 4-2 ka BP and to apply this feedback to future climate scenarios.

Declarations of interest

None.

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