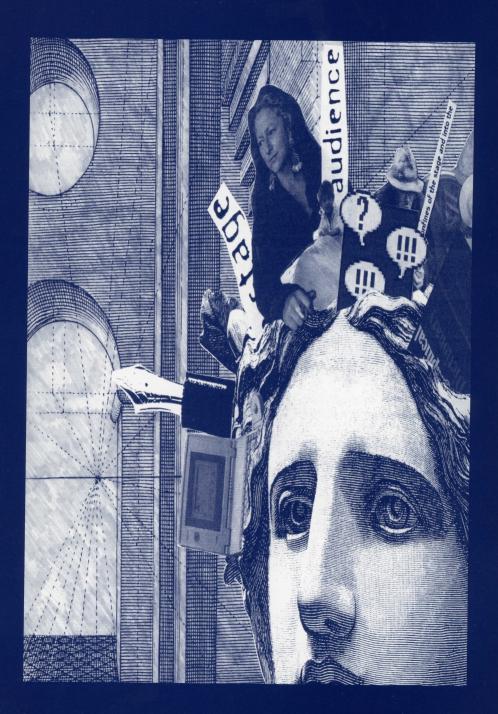
ADULT AND CONTINUING EDUCATION PROGRAMME 1995 - 1996





Centre for Adult & Community Education

St Patrick's College Maynooth



Welcome to our 1995-1996 Adult, Community and Continuing Education Programme

We hope you will find a course of interest in this year's prospectus. Approximately 2,000 students per year participate in a Maynooth Continuing Education course and find it an enjoyable and challenging experience. Close contact is kept with our students and we endeavour to implement their recommendations and ideas into the new programme. We try to ensure that our fees stay as low as possible to encourage optimum participation.

Courses are conducted according to the philosophy and principles of Adult Education. We believe that adults learn best when they are interested in the subject and involved in the learning process.

Participants are encouraged to critically evaluate and take responsibility for what they are learning. The majority of courses are run in a seminar format which enables discussion and the exchange of views and information.

On average there are about 22 participants in each course which facilitates people to get to know each other. You often learn as much from other class members as from the tutor. It is also important that you find the courses enjoyable and a positive experience, hence the essential tea-break.

Courses are open to everybody. There are no entry requirements - apart from an interest in the topic and a willingness to share your experiences and ideas.

We hope that you will attend one of our courses and find it a stimulating and thought provoking experience. Remember to enjoy yourself.

Mary B Kyan

Mary B. Ryan

Continuing Education Coordinator Centre for Adult and Community Education St. Patrick's College, Maynooth. Telephone: 01-7083784, 7083757, 7083750



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Maynooth College offers evening courses in Irish, French, German and Italian at basic, intermediate and advanced levels, subject to demand. Further details may be obtained from the Language Centre, Tel. 01-7083737

Continuing Education Courses

Continuing Education courses are University courses for Adults which are provided in conjunction with Local Adult Education Agencies. Courses are open to anyone over 18 years of age. There are no entry requirements or qualifications. Some courses, because of their content, are more suited to those with previous knowledge or experience of the subject.

The Continuing Education Courses are designed to help you make the most of your study, take an active part in discussion, read, listen and do some project work. The numbers of participants in the majority of courses are restricted to 22. The individual sessions are run on a seminar basis and active participation is encouraged. All the Continuing Education tutors are experienced Adult Education practitioners.

The courses vary in length but a certificate course is normally 40-50 hours, one two hour session per week, a diploma course is over 100 hours. Participants who choose to submit an assignment or project are eligible for an Extra Mural Award. Participants who are not interested in doing a project will receive a Certificate of Attendance on completion of the course.

The Extra Mural Diplomas are awarded at a special ceremony in Maynooth College in the Autumn.

Enquiries

Information about any course in this prospectus may be obtained from the College or School hosting the course.

Enrolment

Each Centre is responsible for the enrolment of its own courses. All courses are offered on the condition that enrolment reaches a satisfactory level - hence some courses may not form due to lack of numbers.

Enrolment procedures may vary according to the location of the course.

Maynooth Registration

For courses marked *Maynooth Registration* you enrol directly with the Centre for Adult and Community Education by filling in the registration form in the centre of this prospectus.

Centre Registration

For courses marked *Centre Registration* etc., you enrol directly with the relevant Centre. Full details on venue, night and fee are obtainable from the relevant Centre. As some of the Centres are schools there may not be anyone available until September.

Addiction Studies

The overall aim of this course is to provide participants with adequate knowle respond positively to addiction related issues as they arise at work or community. It will enable participants to identify the various addiction resou the community and to examine the various treatments in a critical manner, e. patient versus in-patient care, individual/family counselling.

Content to include: Introduction to Basic Concepts of Addiction

Theories of Addiction Substance of Abuse Treatment Resources Treatment Interventions

Admission: No entry requirement. It is open to those new to

or interested in the addiction field.

20 x 21/2 hour sessions Tuesday 7.15 - 9.45 p.m.

Commencing - October 10th 1995

Glen Abbey, Belgard Road, Tallaght, Dublin 24

80% Minimum Attendance

Participation in Class

Assignments

(Close to Westlink motorway, opposite Irish Biscuits)

£175

Fee:

Duration:

Assessment:

Location:

Enrolment: Maynooth registration

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ourses for Adults which are provided in

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he location of the course.

ou enrol directly with the Centre for ne registration form in the centre of this

enrol directly with the relevant Centre. able from the relevant Centre. As some one available until September.

Anthropology Culture, people, nature: Viewing cultural differences.

This course is for those interested in the study of mankind; the origins of the human being, the development and growth of human cultures, and patterns of similarity and difference across the cultures. Can we compare the cost-beating duels of the

Yanomamo Indians with round-table peace talks in Geneva? Designed for those with little or no familiarity with the science of Anthropology, this course offers participants an introduction to basic concepts within the field, and applies these theoretical concepts to life situations. Participants will be offered a

Admission:

Duration:

Fee:

Enrolment:

language capable of enriching their appreciation of how cultures work, how culture is learned, how culture changes and how cultures interrelate. We will ask if we are passive receivers of culture or are we also potentially architects of culture? This course will be taught by a combination of lectures, group discussion, and will

involve some small-scale fieldwork in the form of a research project. For those who hate to miss a Disappearing World programme. No entry requirements

20 x 2 hour sessions

80% Minimum Attendance Participation in Class

Assignments

Assessment: Location:

£90 - £110

Centre registration

Arts Building, St. Patrick's College, Maynooth Tel: 01-7083784/7083757/7083750 Rowlagh Health Centre

Tel: 01-6268514

Fee:

Enrolment:

EXTRA-MURAL CE

Applied Co

This course is for

knowledge of mo

participants will be

Content to include

Admission:

Duration:

Assessment:

Location:

Applied Computer Skills

This course is for people who want to have an indepth practical and theoretical knowledge of modern business hardware and software. It is an intensive course, participants will be expected to have access to a computer between sessions.

Content to include: Spreadsheet
Work Processing

(Microsoft Exel and/or Lotus 1-2-3) (Microsoft Work for Windows)

Databases

(Microsoft Access/Microsoft Words for

Windows) (Microsoft Powerpoint)

Presentations (Microsoft Powerpoint)
Operating Systems (MS DOS, Windows 3.1, Windows 95)

Admission:

No entry requirements

Duration:

No entry requirement

Monday 6.30 - 9.30 pm and two Saturdays Commencing 2nd October 1995, academic year

Assessment:

75% Minimum Attendance

Location:

Ballsbridge College of Business Studies Tel: 01-6684806

Fee:

£350

Enrolment:

Centre registration

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kind; the origins of the human s, and patterns of similarity and

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concepts within the field, and

Participants will be offered a low cultures work, how culture

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architects of culture?

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Assertiveness and Personal Development

For people who want a deeper experience in life and the knowledge and skills to manage their lives more creatively. The course provides a broad base from which to understand and use information relating to one's life and one's behaviour, i.e. methods of self exploration. Assertiveness training theory will form a point of reference for a large section of the course. Each session will consist of a theoretical input followed by individual and group involvement.

Content to include: Stress Management

Introduction to Assertiveness Theory

Self Esteem, Deeper Appreciation and Understanding of Self

Assertive Communication

Handling Confrontation and Criticism

Sexuality

Body Language and Relaxation

Admission:

There are no entry requirements, the course is open to all. This is not a lecture course, there is an emphasis on the sharing of ideas and experiences. Participants will be encouraged to

become active members in the learning process.

Duration:

20 x 2 hour sessions

Assessment:

80% Minimum Attendance

Participation in Class

Assignments

Location:

Ballsbridge College of Business Studies 01-6684806

Maynooth College 01-7083784/7083757

Naas 045-897291

Old Bawn Community School 01-4520925

Fee:

£90 - £120 dependent on centre

Enrolment:

Centre registration

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Location

Fee:

Enrolme

Child Development and Creative Play

This course aims at providing participants with an opportunity to define, discuss and discover play, and its role in the development of the child. Participants will be

shown how to provide a child with the stability essential to promoting all round development and to lay sound foundations for the acquisition of skills, knowledge

There will be an emphasis on discovering creativity within ourselves, on new ways to

and attitudes.

provide play opportunities for children and on full participation of the group. Content to include: Child Development

The Importance of Play Communications Nature Rhymes and Finger Play Music and Movement lunk

20 x 2 hour sessions Mondays 7.30 - 9.30 p.m. **Duration:** 80% Minimum Attendance Assessment:

Participation in Class Assignments Location: Liberties VEC

Tel: 01-4540044

Centre registration

involved with children.

No entry requirements, preference will be given to those

£95 approximately

Fee:

the knowledge and skills to a broad base from which to

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theoretical input followed by

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Enrolment:

Admission:

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ning process.

emphasis on the sharing of

Foundation in Approaches to Literacy Practice

The course is offered in conjunction with the National Adult Literacy Agency. The focus of the course is on giving people an understanding of literacy and a familiarity with the basic skills in numeracy, reading and writing. There will be an emphasis on the participation and the sharing of skills and resources. It is hoped during the course to identify people's own strengths and skills as appropriate to literacy practice and to develop the practical literacy skills and knowledge for tutoring.

Content to include: Background to Literacy Provision in Ireland

How Adults Learn

Living with Reading and Writing Difficulties

Assessment/Evaluation

Numeracy, Reading, Writing, Spelling

Establishing a Literacy Service

Admission:

The course is of relevance to those who, through their work, (paid/voluntary) encounter people with literacy difficulties. It is vital that participants are in a position to apply what they are learning on the course and do not view their participation merely as an awareness raising experience. (20 people maximum)

Duration:

16th - 17th January 1996 13th - 14th February 1996 12th - 13th March1996 2.00 - 5.00 p.m.

16th - 17th April 1996 14th - 15th May 1996

Assessment:

80% Minimum Attendance

Participation in Class

Continuous Assessment and Project Work

Location:

National Youth Federation

20 Lower Dominick Street, D.1

Tel. 01-8729933

Fee:

£260 (Lunch not included)

Enrolment:

Application form and further details from:

Centre for Adult and Community Education,

St. Patrick's College, Maynooth

Tel: 01-7083784/7083757/7083750

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Stage 3 - Self-aw

Stage 4 - Theorie

Stage 5 - Counse

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EXTRA-MURAL COURSES

Foundation in Counselling Skills

For people whose work (paid/unpaid) requires skilled interaction with other people. The course aims to provide participants with the basic skills in counselling and to give a good introduction to the different styles and theories of counselling.

The course has three main objectives:

- Promote increased self awareness and the ability to critically reflect on
- Present an opportunity to observe and put into practice basic counselling skills.
 - To familiarise participants with the different theories and approaches in counselling and to provide a critical appreciation of the models of counselling.



The sessions are structured to give equal attention and emphasis to these core objectives.

There are five stages within the course:

Stage 1 - Understanding counselling definitions, skills, attributes and principles.

Stage 2 - Communication skills/basic counselling practice.

comparisons cannot be made between the individual courses.

Stage 3 - Self-awareness.

Stage 4 - Theories of Counselling.

Stage 5 - Counselling situations.

There is flexibility within each course to respond to the learning needs of specific groups as identified by the tutor. Hence it is important to bear in mind that direct

eracy Practice tional Adult Literacy Agency. The

tanding of literacy and a familiarity ting. There will be an emphasis on urces. It is hoped during the course propriate to literacy practice and to for tutoring.

ion in Ireland

ing Difficulties

Spelling

to those who, through their work, eople with literacy difficulties. It is a position to apply what they are not view their participation merely ience. (20 people maximum)

Daily Timetable 10.00 - 1.00 a.m. 2.00 - 5.00 p.m.

Project Work

details from: inity Education, oth

083750

Admission:

No entry requirements, but an ability to work in groups and be open to challenges. The most important pre-requisites are openness, a willingness to share with others in the learning process, enthusiasm and a commitment to working with people.

Duration:

50 contact hours which may be arranged over a number of Saturdays, 20 x 2½ hour or 25 x 2 hour sessions or a combination of both.

Participants, on the successful completion of the course, will receive an Extra Mural Certificate - Foundation in Counselling Skills. Successful candidates may choose to enrol for a second year - the Extra Mural Diploma - Foundation in Counselling Skills. It is not possible to enter the second year of the course unless one has successfully completed the first year. Successful participants will need to contact their centre directly for details of registration etc.

Assessment:

85% Minimum Attendance

Participation in Class Assignments

Fee:

£160 - £200 approximately

Enrolment:

Centre registration

Finglas

Kilkenny

Knocklyon

Centres:

Athlone 0902-72625/74080 C (Ev) Ballina 096-22968 D (Ev) *Ballyfermot Senior College 01-6269421 C&D (Ev) *Ballsbridge 01-6684806 C&D (Ev) Ballymun 01-8421195 C&D (M) Bray 01-2860540/2862482 C&D (M) Bray/St. Killian's 01-2864646/47 D (Ev) Castlebar 094-21294 C&D (Ev) Clonmel 052-21067/23067 C&D (Ev) Coolock, Colaiste Dhulaigh 01-8474399/8474253 C&D (M) Coolmine C.S 01-8214583 D (Ev) Drogheda 041-36084 D (Ev) Dundrum 01-2989283 C&D (M) *Dun Laoghaire 01-2801605 D (M) **Dun Laoghaire** 01-2809676 C (Ev) *Ennis 065-24819 C (Ev)

01-341426 C&D (Ev)

01-4943991 C&D (M&Ev)

056-65103 D (Ev)

Contact the course. This

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EXTRA-MURAL COURSES

074-21022 C (Sat)
01-4540044 D (M)
01-6241676/6280557 C (M)
01-7083784/7083750 C&D (Ev)
044-40786 C (Ev)
045-897291 C (Ev)
045-897291 D (Ev)
01-4520014 C (EV)
0903-26151/26774 C (Ev)
071-45844 D (Sat)
01-8385844 ext.440 D (Ev)
01-2881781 ext 326 D (M)
01-8408946 C&D (M)
01-4596757 DI (M)
0506-51392 C&D (Sat)
051-75934 C&D (Sat)

Contact the centre of your choice directly regarding registration/fees, day and times or course. This information is not available from Maynooth.

> M Mornings Sat Saturday

Ev Evenings Extra Mural Certificate - Foundation in Counselling Skills

Extra Mural Diploma - Foundation in Counselling Skills

Postal booking over the summer

This course does not offer a professional qualification in Counselling. It is also important to emphasise that this is not a therapeutic course. The course will be o special interest to those who are involved, paid or un-paid, in working with people especially those in the caring professions. The Open University recognises the course as a half credit. (Six credits for its degree.)

bility to work in groups and be t important pre-requisites are are with others in the learning itment to working with people. be arranged over a number of

2 hour sessions or a combination urse, will receive an Extra Mural

essful candidates may choose to Foundation in Counselling Skills. urse unless one has successfully vill need to contact their centre

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11-36084 D (Ev)

-2989283 C&D (M) -2801605 D (M)

-2809676 C (Ev)

55-24819 C (Ev)

-341426 C&D (Ev)

6-65103 D (Ev)

-4943991 C&D (M&Ev)

Duratio

Group Facilitation Skills

This course is for those who wish to consolidate their experiences in working with groups and to enhance their skills in group facilitation or leadership.

Psychology has long recognised the importance of groups in adult learning, self help, personal development and therapy. The insights gained by the psychologists are now being widely applied in social work, education and community work.

In learning and discussion groups, adults can reflect on their experiences and learn from them and they can learn from one another. Groups are also used in youth and community projects, in mutual help organisations and in parishes.

Many people who work with groups have had little formal training in group work. This course seeks to enable them to critically evaluate their work and to nurture and develop attitudes and behaviours which will enhance their group work skills. Participants will also be introduced to the different theories of and approaches to group work skills. Participants will also be introduced to the different theories of and approaches to group work in order to develop a theoretical framework from which to evaluate practice. This is an experiential course, hence there will be an emphasis on role play, the sharing of ideas and experiences. Participants own ongoing group work will be used as a basis for some of the learning.

Content to include: The Facilitator

Self Awareness, Enabling the Expression of Emotions, Dealing with Conflict.

The Group

Group Work Theory, Group Dynamics, Models of Group Work.

The Work of the Group

Risk and Trust, Power and Influence, Problem Solving and Decision Making.

Admission:

This is not an introductory course in group work. Participants must have experience of group work and be currently working with a group.

Locatio

Assessr

Fee:

Enrolm

EXTRA-MURAL CERTIFICATE Duration: Monday 7.30 - 10.00 pm Commencing 9th October (15 sessions) Saturdays 4th November 1995 & 13th January 1996 working with 85% Minimum Attendance Assessment: Participation in Class learning, self Assignments ined by the ducation and **Location:** Marino Institute of Adult Education, Griffith Avenue, Dublin 9 Fee: £190 nces and learn d in youth and **Enrolment:** Maynooth registration ning in group r work and to e their group eories of and duced to the to develop a n experiential of ideas and as a basis for tions, Dealing els of Group Solving and k. Participants ently working ->

Personal Development and Communication Skills

This course is for people who would like to gain an understanding and insight into Personal Development and Communication Skills. In doing the course participants will gain an appreciation of how people interact and the importance of good communication skills.

The course will examine the blocks to effective human interaction and the ways and methods of overcoming those barriers. This is a practical course, there is an emphasis on discussion and participation and the sharing of people's own experiences which all contribute to a lively and enjoyable format.

Admission:

No entry requirements, an interest in people and in developing

one's own skills.

Duration:

20 x 2 hour sessions

Assessment:

85% Minimum Attendance

Participation in Class

Assignments

Location:

Ballsbridge College of Business Studies

Tel. 01-6684806

Fee:

£120

Enrolment:

Centre registration

Psycholo

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Testing - wha of the enviror forget? How differently to adult life, for Do depressed become depr Can the brair originate? He language? Whiso what di

Admission:

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Duration:

Assessment:

Location:

Fee:

Enrolment:

Psychology

EXTRA-MURAL CERTIFICATE

This course gives the participants the opportunity to become familiar with the most recent of the sciences - Psychology; the science of human behaviour. Questions will be debated, such as: Personality and how to measure it. Intelligence and Intelligence Testing - what do we know? Where does Nature come in? What are the influences

of the environment? How do we learn to think? How do we remember? How do we forget? How do girls learn to be girls and boys to be boys? Do children think differently to adults? How do we acquire self-esteem and and how important is it for

adult life, for marriage? Is there a science of body language? Is stress good for us?

Do depressed people think differently to non-depressed people - is that why they become depressed? Do we really see the world or does our brain interpret for us? Can the brain be wrong? (It can!) What are social roles and where do stereotypes

originate? How do phobias develop? Do babies need mothers? How do we learn language? Why is your four year old an expert grammarian without being taught? Also what did Freud, Binet and Piaget contribute to what we know about human

behaviour?

Admission:

Duration:

Location:

20 x 2 hour sessions.

Assessment:

75% Minimum Attendance Participation in Class Assignments

Birr 0509-21403 Clonmel 052-21067/23067 Dun Laoghaire 01-2809676 Knocklyon 01-4943991 (Second Year) Lucan 01-6281713/6282213 (Second Year) Old Bawn Community School 01-4520041 St. Andrew's 01-6771930 (Second Year) St. Thomas, Bray 01-2828721/2829668

No entry requirements - an interest in the topic.

Fee:

£80 - £120 dependent on the centre

Centre registration **Enrolment:**

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Return to Learning

Have you ever thought about returning to study but wondered if you would be able for it? This course has been designed as a stepping stone for those who wish to return to study, but have not studied in any formal way for a number of years. It is hoped to familiarise people with the structure and requirements of third level education, to equip them with some of the necessary skills required and help them identify the subjects or courses that they may later wish to undertake. Apart from the practical issues of returning to study the course will also look at the role of education in Irish society and examine its relevance for adults. In addition participants will be given an opportunity to sample a number of academic subjects. This will enable them to make a more informed choice when selecting subjects later. Participants will be expected to submit ongoing work throughout the year, individual attention and assistance will be given to help individuals cope with this requirement.

Content to include: Motivation and Goals **Taking Notes**

Reading Skills Library Skills Writing Essays Examinations Finance

Introduction to Degree Subjects

work outside of course time.

Duration: Monday and Wednesday 10.00 - 12.00 a.m.

Commencing 9th October 1995 - 20 weeks

No entry requirements, participants will be required to do some

Assessment: 75% Minimum Attendance

Participation in Class

Assignments

Location: Centre for Adult and Community Education

St.Patrick's College, Maynooth

Tel: 01-7083784/7083757/7083750

Fee: £195

Admission:

Enrolment: Maynooth registration Social and

Modern society is an understanding hoped that partici progress and chai also on current re

Participants will I ability to critically

Content to includ

Admission: **Duration:**

Assessment:

Location:

Fee:

Enrolment:

Social and Human Studies

Modern society is complex and fast changing. This course aims to give participants an understanding of how society functions. In examining the different institutions it is hoped that participants will appreciate the complexity of society and the influence of progress and change. The content will draw on the main sociological theorists and also on current reports and writings. The course will focus on modern Irish society. Participants will be encouraged to participate fully in discussion and develop their ability to critically reflect on society.

Content to include: Social Theories

Social Analysis The Family Education Politics etc.

Admission:

No entry requirements

Duration:

20 x 2 hour sessions

Assessment:

80% Minimum Attendance

Participation in Class

Assignments

Location:

Clane 045-868788 Dundalk 042-31398

Ennis 065-24819 Leixlip 01-2433226

Old Bawn Community School 01-4520566/4520925

Fee:

£80 - £120 dependent on centre

Enrolment:

Centre registration

2.00 a.m. 0 weeks

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Theatre Studies

This is a two year course which is of particular interest to those who hope to become involved in theatre in the local community, schools, prisons and institutions. The personal development of the individual, the development of leadership skills and performance skills are some of the core elements which constitute this course.

Content to include: Theatre History (**first year**) Theatre Styles

Design

Performance Skills

Sound

Scripting
Research Techniques

Radio Programme Making

Admission:

Participants must have experience of drama and involvement in

the Arts at either a voluntary or professional level.

Duration:

2 year part-time

3 weekends and 14 evening sessions in the first year

Assessment:

80% Minimum Attendance

Participation in Class Assignments

Location:

Arts Building, St. Patrick's College, Maynooth

Tel: 01-7083784/7083757/7083750

Fee:

£370 Year 1

£350 Year 2

Enrolment:

Application form and further details from:
Centre for Adult and Community Education,

St. Patrick's College, Maynooth.

Tel: 01-7083784/7083757/7083750

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Women's Studies

What is Women's Studies? This course will provide an opportunity for participants to explore feminist theories and practices. Participants will familiarise themselves with the academic discipline of Women's Studies. The focus is on enhancing an understanding of the position of women in society through a critical examination of gender, social, cultural and economic issues. Through this process it is hoped that some of the blocks to women's equal participation in society may be identified and ways of removing them examined.

Course to include: Feminist Theories and Approaches

Patriarchy Gender Equality

Women in History Women and Family

Women in Irish Society

Admission:

No entry requirements.

Duration:

20 X 2 hour sessions

Assessment:

80% Minimum Attendance
Participation in Class

Assignments

Location:

Ennis 065-24819

St. Patrick's College, Maynooth 01-7083784/7083757

Fee:

£80 - £120 dependent on centre

Enrolment:

Centre registration

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Youth	Stu	dies	

This course is designed to assist participants in their voluntary and professional work with

young people by enabling them to develop their knowledge and skills and explore their attitudes and values. Participants will be encouraged to integrate what they have learned on the course to their own work. In doing the course participants will become more aware of their strengths and skills in working with young people and examine ways and approaches that could make them more effective at a personal and professional level. **Course to include:** Philosophy of Youth Work

Principles of Youth Work Psychology of Youth, Child and Adolescent Development Social Analysis Programme Development Irish Youth Policy

Role of Youth Worker This course is run in conjunction with Youth Organisations. It is also available in

centres outside Dublin. Admission:

Duration:

Fee:

of one year's experience in working with young people. 25 X 2 hour sessions Tuesday 7.30 - 9.30 p.m.

Assessment: 85% Minimum Attendance Participation in Class

Assignments Location: Tel: 01-8376011

St. Patrick's College, Maynooth. Tel. 01-7083784 Tel. 01-7083750 for details of other centres.

£135

Enrolment: Centre registration

Participants should be at least 19 years of age and have a minimum

Whitehall House, Senior College, Swords Road, Dublin 7.

Contact Centre for Adult and Community Education,

Full Postal /

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Course Title

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